SKILL MODULE # 10

MODULE TITLE: ELIMINATION PROCEDURES: OSTOMY CARE AND IRRIGATION

NOTE: NAII may care ONLY for an established ostomy as defined below*

TIME FRAME	LEARNING OBJECTIVES	RELATED CONTENT (OUTLINE)	LEARNING ACTIVITIES	EVALUATION
5 hours	Identify terms that relate to ostomy care	A. Terms 1. Colostomy 2. Cecostomy 3. Stoma 4. Ileostomy 5. Bowel diversions	Lecture/discussion	Written test Skills Checklist Competency Evaluation
	Describe the appearance of a normal stoma	B. Appearance of normal stoma 1. Red 2. Smooth 3. Intestinal tissue		
	Identify the procedure for collecting specimen	C. Specimen collection 1. Stool 2. Urine 3. Equipment 4. Procedures		
	Discuss the procedure for providing stoma care for an established ostomy	D. Routine stoma care 1. Purpose of procedure 2. Equipment 3. Explanation to patient 4. Skin care 5. Recording and reporting	Demonstration and return demonstration of the steps in performing stoma care for patients with an established ileostomy and/or colostomy	
	Describe the steps in changing an ileostomy appliance for a patient with an established ostomy	E. Ileostomy Care 1. Types of appliances 2. Locations 3. Removing appliances 4. Emptying appliances 5. Cleaning skin 6. Applying appliance 7. Assisting patient with procedure	Demonstration and return demonstration of procedure for changing an ileostomy appliance	

*An established ostomy is one that is 6 weeks or more post op, and does not have any issues of morbidity such as necrosis, stenosis, mucocutaneous separation or prolapse. Ostomy must be assessed by the RN prior to delegating ostomy care to the NAII.

SKILL MODULE # 10 (cont'd)

MODULE TITLE: ELIMINATION PROCEDURES: OSTOMY CARE AND IRRIGATION

TIME FRAME	LEARNING OBJECTIVES	RELATED CONTENT (OUTLINE)	LEARNING ACTIVITIES	EVALUATION
	Describe the steps in changing a colostomy pouch	E. Colostomy pouch 1. Removing pouch 2. Cleansing skin 3. Applying pouch 4. Emptying pouch 5. Assisting patient with pouch	Demonstration and return demonstration of procedure for changing a colostomy pouch	
	Describe the procedure for ostomy irrigation	F. Ostomy irrigation 1. Identification of patient 2. Equipment a. appliances b. barriers 3. Positioning patient 4. Procedures 5. Common problems 6. Distance for insertion of irrigating device 7. Observations 8. Reporting and recording	Demonstration and return demonstration of procedure for irrigating an established ostomy	

SKILL MODULE #10

MODULE TITLE: ELIMINATION PROCEDURES: OSTOMY CARE AND IRRIGATION

COMPETENCY STATEMENT: Provides care to a patient with an established ostomy by: obtaining a specimen, irrigating, pouching, and providing routine site care

CRITERIA:

1. Obtains directions from licensed nurse*
2. Assembles the necessary equipment and supplies
3. Explains procedure to patient
4. Positions patient
5. Puts on gloves
6. Removes and empties stoma bag/ appliance in appropriate waste receptacle
7. Cleanses stoma area
8. Irrigates ostomy (if directed and according to specific directions by licensed nurse*)
9. Notes condition of area
10. Reapplies belt/appliance
11. Removes and disposes of gloves
12. Washes hands
13. Documents information
14. Reports information to licensed nurse*

*Only the RN may provide nurse aide training and competency validation. The LPN may provide subsequent delegation and supervision when working with a nurse aide.

*An established ostomy is one that is 6 weeks or more post op, and does not have any issues of morbidity such as necrosis, stenosis, mucocutaneous separation or prolapse. Ostomy must be assessed by the RN prior to delegating ostomy care to the NAII.

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